



# Middleridge News

Reaching 578 Homes and Families

May 2013

## Middleridge Civic Association

### Inside this issue:

District High for Rams	2
Community News & Events	4
Calendar and Contacts	14

**Don't forget our General Membership Meeting is on May 2, at 8 PM on in BBES music room.**

### Special points of interest:

- \* Movie Night
- \* Tour of Homes and Gardens
- \* Lady Fairfax

## Rick's Ramblings

By Rick Jones, MCA President

"It is high time that the ideal of success should be replaced by the ideal of service" ~ Albert Einstein

I am pleased to announce that Mr. Collin Holston was selected to receive the 2013 MCA Scholarship award. Collin has been on the Robinson baseball team for the past 4 years. Go Rams! He is a member of the National Honor Society and Virginia High School League Athletic Honor Roll. Collin has volunteered at the local rehabilitation center. His hard work both at school and in our community clearly showed him as a deserving young man. He will receive a \$600.00 scholarship to use at James Madison University this fall. Collin has asked that his English teacher, Dr. Susan French receive an Honorarium (\$50.00).

I want to thank the Scholarship Committee, chaired by Sheryl Baer with committee members Don Gantz, Greg Summer, and Laura Baker. Their efforts ensured that we recognized the best seniors from our community. All of Middleridge should con-

gratulate Collin for his accomplishment and we wish him the very best this fall as he heads to college.

In addition, by unanimous decision of the Middleridge Civic Association Board, Miss Stephanie Morales has been awarded the John Fee Award for her outstanding service to our community. Since the creation of the John Fee award Stephanie is only the 4th High School Senior to receive this level of community recognition. Throughout her high school years Stephanie has supported numerous civic functions to include helping at the National Night Out, Easter Egg Hunts, and the Movie Night events. For the past four years, she has help organized and run the MCA Annual Halloween Parade and Party. This is a huge responsibility for any High School student. Stephanie has given back to our community greatly and we are pleased to present her with an award of \$750.00. Stephanie, all of Middleridge (especially the young children) thank you for your service and wish you the very best this fall as you head to James Ma-

son University to start your next adventure.

**Congrats Collin Holston, and Stephanie Morales. Thank you for all you do!**

Service to others certainly is a trait in the Morales family and I would be amiss if I did not let you know that Catie Morales (past MCA president) has been selected as "Lady Fairfax" for 2013. Her selection was made by the Fairfax County Board of Supervisors. Her continuous service, not only to Middleridge, but also to our surrounding communities and schools, over many years, is well known and greatly appreciated. Congratulations Catie! We are a much better community because of all you have done for others.

I hope that many of you took the time to attend the Annual Plant Share at the Middleridge Park on 27 April. I want to thank John Snyder for his efforts in setting up the event. There is no better way to start spring off than to share your extra plants and bring new ones home to plant.

*(Continued on page 3)*

## Rams End District Season on a High Note

By Paul Fischer, Robinson Tennis Coach

The Robinson Boys Tennis Team finished up the Concorde District season with a resounding 9-0 sweep. It was also Senior Day and all the five seniors contributed to the win. With Aaron Christian still out at #1, everyone moved up a notch. Sam Wagner and Charlie Ferrell both made short work of their opponents, winning 10-1. At #3, Austin Mathews came out swinging and took a big lead before winning 10-3. Jacob Schreiman, after an even match thru the

first several games, went on to beat Diego Herrera, 10-4. Brian Bui, again playing the #1 position, again came up with a strong baseline game to win 10-7. Brian's serve has improved and come up big as the season has progressed, allowing him to win easy points.

In doubles, seniors Alec Martin and Steven Hays teamed to slip by, 10-4. Charlie and Sam moved up to #2 and won easily to keep their district record undefeated. Brian, after a short break from singles, joined Austin to blow away the Herndon #1 doubles, 8-0.

Next week, the Concorde District Singles and Doubles tournament will be held at Robinson beginning each day at 3:00 pm.

SPIN CLASS FUNDRAISER

SUNDAY, APRIL 28

11 AM GOLD'S GYM in Fairfax Station \$20 per bike

Contact [miri-](mailto:miriam.ambmeyer@gmail.com)

[ambmeyer@gmail.com](mailto:miriam.ambmeyer@gmail.com)<mailto:[miriam](mailto:miriam.ambmeyer@gmail.com)

[h Meyer@gmail.com](mailto:miriam.ambmeyer@gmail.com)> to reserve your seat. Still a few left.

Get some exercise and support Robinson Tennis!!!



## Rick's Ramblings

(Continued from page 1)

Our annual MCA Shredding event scheduled in May had to be cancelled due to lack of funds.....hold it.... MCA has been informed that Capital Planning & Investments in Fairfax has offered to sponsor the shredding event. I want to thank our MCA Secretary, Mike Torrey, for his efforts in finding a sponsor for this event. Watch next month's newsletter for the

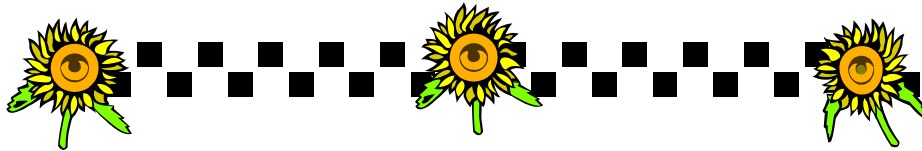
date and time.

Mark your calendars for the MCA/FFCE Movie Night on the evening of 22 June. Life of Pi will be shown starting at 8:45, so bring your family, the bug spray and lawn chairs. We will supply the popcorn and drinks while we all enjoy a night out at the Fairfax Club Estate pool parking lot.

Another great event scheduled for 13 July is the Tour of Homes and Gar-

dens. The event will run from 1 to 4 PM and it is always interesting to see the upgrades our neighbors have made to their homes and gardens. Last year we had a super turnout. You might even come away with ideas for your own home.

God Bless,



**MOWING & TOWING**

www.MOWINGTOWING.com  
**703 - 865 - LWN1**  
mowingtowing@yahoo.com

**Your Outdoors Is Our Office!**

*We are family owned & operated, licensed & insured.*

Contact us for a free quote!

Mowing & Towing, LLC's services include:

- Mowing
- Fertilizing
- Dethatching
- Lawn Renovation
- Mini Skid Steer Work
- Sod Installation
- Material Delivery
- Debris Removal
- Driveway Dumpster
- Yard Cleanup
- Mulching & Garden Bed Edging
- Core Aeration with or without Overseeding
- Bush & Small Tree Trimming & Removal
- Full Service or Curbside Leaf Cleanup & Removal
- Hauling & Trailing Services
- Commercial & Residential




**Are you new to Middleridge?**

If you haven't been welcomed with a visit and a welcome box, please call or email Marian Littleton at (703) 278-8948, mel3964@yahoo.com

**WALKING THE DOGS, LLC**



Local Moms, Professional Dog Walkers will walk your dog  
Specializing in Mid-Day Daily Dog walks  
And Cat Care

Bonded \* Insured \* Licensed

www.walkingdogsva.com  
Call Felicia at (703)473-9768 or walkingthedogs2@yahoo.com

# Our annual Home and Garden Tour will be here before you know it!

**Saturday, July 13 1-4 PM**

This popular event lets others see what you have done, and we are all inspired. Please let Mary Vander Maten (mvandermate@nvcc.edu or 703-371-9349) or Jessica Summer (editor@middleridgecivicassociation.org) know if you would like to be a host this year. It is also OK to leak news about a neighbor doing some remodeling or wonderful gardening; we won't tell!

## Community News & Events

### Civil War Forum at The Fairfax Station Railroad Museum

Join local authors Brian McEnany and Jim Lewis as they present the Civil War Forum, 'The Union Army's March to Gettysburg, "Sunstroke and Ankle-Deep Mud" on Wednesday, May 15, 2013 at 7:30 p.m. at the Fairfax Station Railroad Museum. The Museum is located at 11200 Fairfax Station Road in Fairfax Station, VA. The Forum is free and open to the public. This is the untold story of the Union's II Corps arduous march across Northern Virginia on the way to Gettysburg. For more information, visit [www.fairfax-station.org](http://www.fairfax-station.org) or call 703-425-9225.

### The Fairfax Station Railroad Museum

The Northern Virginia NTRAK group will have running N Gauge model trains at the Fairfax Station Railroad Museum on Sunday May 19, 2013 from 1-4 p.m. The Museum is located at 11200 Fairfax Station Road in Fairfax Station, VA. The cost is \$3 for adults and \$1 for children. For more information on the Museum events visit [www.fairfax-station.org](http://www.fairfax-station.org) or call 703-425-9225.

### Flippers Swim Team

Flippers Swim Team Registration will be on May 4 at the pool from 1-4pm!!

### Meet a Middleridge Author!

WHEN: Saturday, June 8<sup>th</sup>, 2 PM

WHERE: Kings Park Library

TITLE: *Losing Marmee: A Mother, a Daughter, and Six Years in Assisted Living*

Author M. Elizabeth Sweeney (real name: Martha Powers of Clara Barton Ct.) will be reading and signing her book at this FREE event. Her "memoir with a purpose" was written to give a heads-up to caregivers of aging parents, so that they can benefit from the many lessons learned that Martha encountered during her mother's years at Greenspring, a large retirement community in Springfield. There will be time for you to discuss eldercare issues and meet others from the community. The book will be available at a discount with proceeds going to Friends of the Library. AND... there will be chocolate!

# HOME EQUITY Line of Credit

## APPLE FREEZES RATES UNTIL 2014

**RENOVATE. IMPROVE. BUILD.** Anything is possible with a HELOC from Apple. Make your plans and apply now through June 30, 2013, to lock in your low rate until January 2014!

Rates as low as

**3.99%**  
APR\*

- Limits up to \$250,000
- Borrow up to 100% Loan-To-Value\*
- No annual fees or pre-payment penalties
- Local underwriting for fast approval

# Apply Online Today!

[AppleFCU.org/HomeEquity](http://AppleFCU.org/HomeEquity) *Apply online in as little as 20 minutes.*



\*APR - Annual Percentage Rate. Offer ONLY available for NEW HELOCs applied for online and approved 01/01/2013 - 06/30/2013. You may not pay off or make payment to either Apple FCU loans, credit cards or accounts with these proceeds. Advances made between 01/01/2013 and 06/30/2013 will be locked at your current APR until 01/01/2014. If rates go down before 01/01/2014 your APR will be adjusted downward, but not beneath floor rate of 3.99% for 85% LTV and 4.99% for 85.1% LTV or higher, and will increase when rates go up, but will not increase past your current APR until 01/01/2014. On 01/01/2014, the APR will increase or decrease to the prime rate as published in the Wall Street Journal on 12/01/2013 plus or minus your current margin on the remaining balance and will be subject to change each quarter thereafter as stipulated by your original rate. Minimum advance of \$250 required. Advance amounts must be within your existing credit limit. Advances in excess of your current credit limit will not be honored and may be subject to additional fees. If your account becomes delinquent at any time during the promotional period, you will forfeit these promotional terms and the APR on the unpaid balance will be increased to the appropriate quarterly rate offered at that time as disclosed in your original rate. Equal Opportunity Lender. Membership eligibility requirements apply.



**We Open Doors**

One stop for all your Real Estate needs.

For Quality Service

Contact  
**Shefali Sachdev,**  
Realtor

Cell: 571-215-9456  
Fax: 703-968-9278  
Office: 703-968-7000  
[shefali.sachdev@lnf.com](mailto:shefali.sachdev@lnf.com)

Address: Fairfax Centre  
13135 Lee Jackson  
Memorial Highway #100  
Fairfax VA 22032

Special Discount for Military/Veterans  
We salute you and thank you for your services



## Join NOW!

### Sideburn Run Recreation Association, Swimming Pool 'Cause it's Cool to Join the Pool!

#### Reasons to join:

Tons of summer fun                      Beat the summer heat, good 'clean' fun

Free Wi-Fi (don't work at home this summer, work at the pool!)

Close by convenience – put dinner in the oven and have an hour of pool time



Swim and Dive teams for the kids,  
competing in the Northern Virginia Swim League  
as the Sharks! The NVSL is the largest summer  
swim league in the nation.



Both teams schedule fun weekly activities, along with daily practices – keeping those out-of-school students busy – and weekly competitions.

Free grills for cookouts, overhead pavilion available for parties



Enjoy Thursday Raft night!

Reasonably priced memberships

Work on that summer tan!

Plenty of parking

Guest passes available, treat your out of town visitors

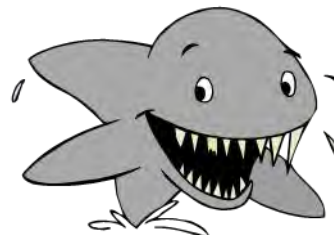
Open swim lane for great exercise

Regular social activities for children and adults

Easy online applications

Safety minded, lifeguards always on duty

Little ones? We also have a shaded kiddy pool with pool side picnic tables



***Both Summer and Bond Memberships available***

***Conveniently located around the corner at 10603 Zion Drive***

***Check the Sideburn Run website at***

***<http://sideburnrun.com/>***

***Call your friends, grab your towels, and get ready for a great summer!***

***Already a member? Refer your friends for a \$50 rebate***

***See you all at [Sideburn Run!](#)***



**PRESTIGE LIMOUSINE** is your *personal* Limousine

*Engagements...Weddings...Anniversaries  
Monument Tours...Wine Tours...Proms*

Prestige Limousine specializes in making your event even more special. Give us a call to check availability and rates.

Owned and operated by Middleridge resident Rory Kelly.

**Office: 703-278-8000 Cell: 703-618-LIMO (5466)**

VA DMV/MCS#PC600, WMATA#1008, MC PSC#3194

# WHAT'S IN YOUR ATTIC?

## OVER 95% OF HOMES ARE NOT EQUIPPED WITH A RADIANT BARRIER!

### SUMMER'S RIGHT AROUND THE CORNER! ARE YOU READY?



- Do you notice huge changes in temperature when you go upstairs?
- Is your AC running all day long?
- In the summertime, over 90% of the heat gain in your home is from the sun's radiant energy.
- In the wintertime, up to 50% of your heat loss is from radiant energy.

**Adding more traditional insulation will not solve these problems!**



**Attic Doctors has installed radiant barriers in many homes in your area! The homeowners can't believe what a difference it has made!**



Deal directly with the owner,  
**Mike Estrada!**



**Attic Doctors**

**\$250 OFF  
Radiant Barrier  
Installation**

*May not be combined with any other offer.*



**➤➤ CALL TODAY ◀◀**

**FOR A FREE CONSULTATION**

**(703) 986-6798**

**Attic-Doctors.com**

**LICENSED & INSURED!**



# April Showers Brought May Flowers and a Busy Seller's Market!

## Reach out to Sheila & Ann

**The Agents who have Your Best Interests at heart –  
The Middleridge Experts!**



*Sheila Adams*

Top Producer  
Life Member Million Dollar Sales Club  
Long & Foster's Founders Club

**703-503-1895**

sheila.adams@langandfoster.com



*Ann Witherspoon*

CRS, Associate Broker, Top Producer  
Life Member Million Dollar Sales Club  
Long & Foster's Founders Club

**703-503-1836**

ann.witherspoon@langandfoster.com



**EXPERIENCE + KNOWLEDGE + SERVICE = RESULTS**

***Our goal is to obtain the  
Highest Price in the Shortest Time for you!***

Mortgage rates remain historically low  
but won't be here forever!

**So when you are ready to BUY or SELL, call The Experts!**

Before you decide, let us show you how we work.

Real Estate expertise from years of successful transactions  
and happy, satisfied clients.

**The Utmost in Personal Service...WE CARE!**



**Long & Foster<sup>®</sup> REALTORS<sup>®</sup>**

Fairfax Station - Fairfax

Lorton Valley - Laurel Hill - Burke

(If you are currently represented by a Broker, please disregard this offering.)

**Our Experience, Knowledge and Service is second to none.  
Don't settle for anything less than The BEST!**

## Lawn Mowing + Landscape Maintenance specialists

- Lawn Mowing
- Spring cleanups and Mulching
- Lawn Fertilizing + Weed control
- Lawn Aerating + Seeding
- Bed Weeding + Shrub Pruning
- Fall Leaf Cleanups

*Also available: Complete Landscape Installations, renovations and creations, Complete Tree Services including pruning, removals and planting. See our website for more information.*

**Professional Property Maintenance Inc.**

Since 1991 703-273-9626

[www.ppmlandscapes.com](http://www.ppmlandscapes.com)



Try our services for **FREE!**  
Sign up for Lawn mowing services and get 1 visit free.



**SAT Classes  
Enrolling Now**

**Tutoring • SAT Prep  
College Coaching**

*Math • Science • English • History  
French • Spanish • Study Skills*

703•830•7037

**JuliaRossPT.com**  
Fairfax Station, VA

**Professional Tutoring, LLC**

**R&M  
CLEANING SERVICES**



RELIABLE • EXPERIENCED • GOOD REFERENCES  
FLEXIBLE SCHEDULING • REASONABLE RATES  
WE BRING OUR OWN EQUIPMENT

*Free in-home Estimate  
Weekly/Bi-weekly/Monthly or Occasionally  
Move-in or Move-out Office*

Call **MARYEN** or **HAUL** at  
**(703) 321-5335**

## Fun Part Time Job for Moms

Love dogs and animals of all types? We are currently seeking adults ready to become part of a fun dynamic team for a local dog walking and pet sitting company. We have been successfully taking care of local pets since 2007. We make owning pets



easier for our clients. This is the perfect job for stay at home moms. Cell phone, internet and flexibility are a necessity. Competitive pay and fun work environment! Grab your walking shoes and call Abbie to join our team at (703)473-9768



# J. REYNOLDS

## Landscaping LLC

### Design & Installation Specialists

**We differ from other Landscaping companies because:**

- Estimates are always free.
- We have no day laborers.
- We are licensed and insured.
- Never sub-contract any portion of the job.
- The Owner is physically on every job site.
- 2012 Angie's List Super Service Award.... "A" Rating.
- Your job is completed before any other job has been started.



**JASON REYNOLDS**  
OWNER / DESIGNER  
INSTALLER



Pennsylvania Flagstone Patio.



Planting beds and Fieldstone Walls.

#### LANDSCAPING SPECIALTIES

- Heavy Steppers
- Outdoor Lighting
- Stacked Field Stone
- Plants, Trees, Shrubs
- Paver Patios & Walkways
- Segmented Retaining Walls
- Flag Stone (dry laid or mortared)

#### WATER SOLUTIONS

- Rain Gardens
- Wet Basements
- Drainage Swales
- Foundation Repairs
- Standing Yard Water
- Re-Direct Downspouts
- Exterior Waterproofing

## Call Jason 703.919.4456

[www.ReynoldsLandscapingOnline.com](http://www.ReynoldsLandscapingOnline.com)

**Do you have standing water problems?**



# 5<sup>th</sup> Annual Family Movie Night

Featuring FOX 2000® Motion Pictures

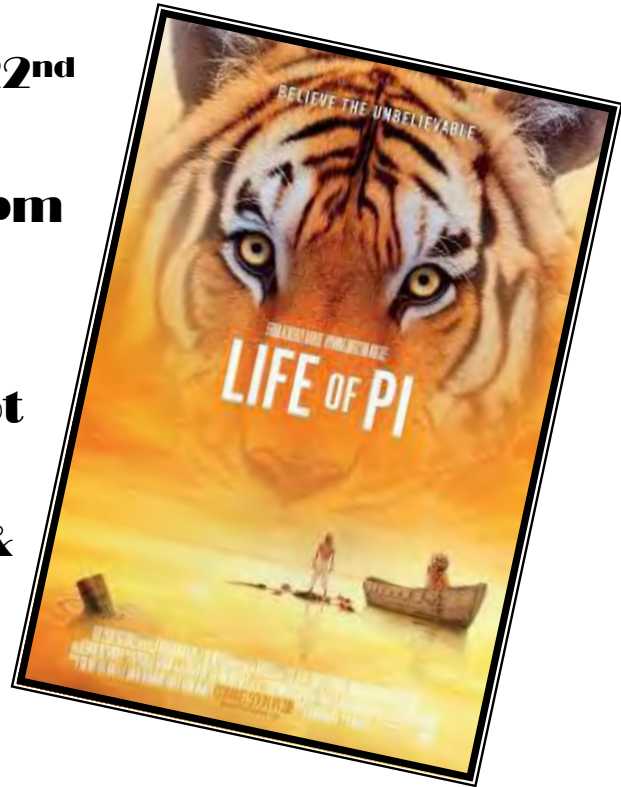
## “Life of Pi”

**When: Saturday, June 22<sup>nd</sup>**

**Time: Lot Opens at 8:45pm**

**Where: Fairfax Club  
Estates Pool Parking Lot**

**Who: All Middleridge &  
Fairfax Club Estates  
Residents**



**Free Popcorn & Cotton Candy!**

Remember to bring your own  
Chairs, Blankets & Drinks

**Sponsored by**

**The Middleridge Civic Association &  
Fairfax Club Estates HOA**



## *Make Your Home the Star Attraction!*

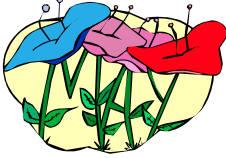
Call us today for our free **STAGING ADVICE**. Our room-by-room recommendations will **ensure** your home sells faster and for **more money!** We offer you the highest quality and most effective marketing plan available today!



**Catie, Steve & Associates, LLC**  
**Top 1% of Realtors, Nationwide**  
**703-278-9313**  
**CatieandSteve@CallCatie.com**  
**www.CallCatie.com**



**We're Proud to serve Middleridge ... Professionally & Personally!**  
**How can we be of service to you?**

2013 MIDDLERIDGE CALENDAR OF EVENTS			
MAY	JUNE	JULY	AUGUST
General Membership Meeting, May 2, BBES 8 pm Scholarship Winners Awarded at General Membership Meeting 	Executive Board Meeting, June 6, 7:30 pm Movie Night, June 22, 8:45 PM Last Day of School, FCPS, June 18	Executive Board Meeting, July 4, 7:30 pm Tour of Home and Gardens, July 13, 1-4 pm	Executive Board Meeting, August 1, 7:30 pm National Night Out, August 6, 6-8 pm
<b>Every Month:</b>			
MCA Board Meeting: 1st Thursday of the month		Neighborhood Watch	
Newsletter Delivery: 5th of the month		Welcoming: as needed. Please notify Marian Littleton	

**Middleridge Civic Association**

**Executive Board**

President—Rick Jones  
 Vice President—Tim Harazin  
 Secretary—Mike Torrey  
 Treasurer—Paul Armstrong

**Middleridge Mailing Address**  
 P.O. Box 208  
 Fairfax Station, VA 22039-0208

**Other MCA Contacts**

Webmaster—Paul Armstrong  
 Newsletter Editor—Jessica Summer  
 Distribution—Sandy Obuchowski  
 Directory Editor—Al & Sandy Obuchowski  
 Membership—Al & Sandy Obuchowski  
 Neighborhood Watch—Tim Hish & Greg Summer  
 Community Service—Holli Parker  
 Welcoming Chair—Marian Littleton  
 Middleridge Book Club—Shirley Plunkett

**Newsletter Administration**

Business Advertising Rates:

	Regular	Member*
Full Page	\$75	\$50
1/2 Page	\$50	\$30
1/4 Page	\$30	\$20
1/8 Page	\$20	\$10
Classified Ads	\$ 5	

\* 2012/2013 Paid MCA Member

**Monthly Deadline for ads and articles:  
25th of the Month**

**Checks Payable to:**  
 Middleridge Civic Association  
 P.O. Box 208  
 Fairfax Station, VA 22039

Email or drop off Ads to **Jessica Summer**  
[editor@middleridgecivicassociation.org](mailto:editor@middleridgecivicassociation.org) or  
 703-934-4881



[www.middleridgecivicassociation.org](http://www.middleridgecivicassociation.org)

Look for:

- List of MCA Officers
- Committee Contacts
- Photos of Events Past & Present
- Past Newsletter Issues
- Neighborhood Police Reports
- Middleridge Map/Street Name History

And much more!!!

Sign up to be notified every time the Website is updated!

