



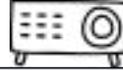
MIDDLERIDGE NEWSLETTER

APRIL 2026

Middleridge Civic Association ----- Reaching 578 Homes and Families



MARY'S MUSINGS



This One's a Call to Action

April always brings that sense of reset windows open, lawns waking up, neighbors reappearing after a long winter. It's when Middleridge starts to feel especially like... Middleridge again. And that feeling the connection, the events, the simple ways we stay in touch does not just happen. It is created and sustained by neighbors who choose to show up, which brings me to why this month's column is a little different.

The Reality: MCA is entirely volunteer-run, fueled by community involvement and the \$30 annual dues that support our activities. There is no management company, no paid staff just neighbors contributing a small amount of time to keep things going. Right now, we need at least three neighbors to step into Board roles by our May 14 meeting. **If we cannot fill those roles, MCA will need to sunset and cease operations.**

What That Actually Means: If MCA sunsets, we lose more than a board; we lose the infrastructure and traditions that have kept our neighborhood connected: Our email listserv; Our Middleridge Facebook page; Monthly Newsletter; Our community website & mobile app; National Night Out; Halloween Party; Holiday Lighting Contest; Pet Parade; Community Yard Sale; Entrance sign lighting & grounds maintenance; the Welcome Committee; Neighborhood Watch; Scholarships; All Night Grad Party donations; Valentines for Vets & Feed the First Responders.

All of these are organized, funded, and maintained by MCA volunteers & board and supported by annual dues.

What Stepping In Looks Like:

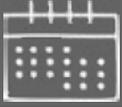
Secretary (2–4 hours/month) Keeps meeting notes, tracks attendance, and helps manage basic communications. This role keeps everything organized behind the scenes.

Vice President (2–4 hours/month) Supports the President and serves as a connection point to broader community organizations like the Fairfax Federation and Braddock District Council.

President (4–6 hours/month, with some additional time around events) Helps guide MCA, leads meetings, and works alongside the Board to keep everything moving forward.

A Flexible Commitment: These roles are not rigid or all-consuming. Board members can lean in more or less depending on their availability, and often choose to take on projects that interest them.

Why This Matters Now: Middleridge has always been a neighborhood where people participate, where someone raises their hand, so things continue for everyone. This is one of those moments. If you've ever enjoyed an event, relied on the listserv, or simply appreciated feeling connected to your neighbors, this is an opportunity to help ensure that continues. If you're even a little curious, please consider reaching out. We are happy to answer questions, talk through the roles, and make it easy to step in. Middleridge is what it is because of the people in it. I'm hopeful we'll continue that tradition together.



UPCOMING EVENTS + CALENDAR

APRIL 2026

UPCOMING MCA EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			01	02	03	04
05	FCPS Student Holiday 06	07	08	7pm MCA Board Meeting 09	FCPS Student Holiday 10	PET PARADE 11
MCA Scholarship Deadline 12	13	14	15	16	17	18
19	20	FCPS Student Holiday 21	22	23	24	PARK CLEAN-UP 25
26	27	28	29	30	31	

April

▶4/11: Pet Parade
 ▶4/12: MCA Scholarship Deadline

▶4/25: Middleridge Park Cleanup

May

▶5/2: Spring Yard Sale

▶5/14: Spring Meeting / Board Elections



BOARD MEETING MINUTES

MCA BOARD MEETING MINUTES IN A MINUTE

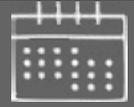
by Marie Morris,
MCA Secretary

The President, Vice President, and Secretary positions will be vacant as of May. Anyone interested in running for office should email the Board.

The Board is also still looking for a volunteer to lead National Night Out (NNO) in August. The Board reviewed plans for upcoming events in April include the pet parade, led by Maryn Simon, (April 11th) and the clean-up at Middleridge Park and Woodglen Lake (April 25th) led by Kati Engel. The board will plan a gathering to say thank you to volunteers at the annual meeting in May with further details TBD.

Upcoming Monthly Meeting: Thurs., April 9, at 7pm

UPCOMING EVENTS



Middleridge and FCE Pet Parade and Contest Saturday, April 11, 2026 10 AM

Join us for the parade at the top of Broadwater Drive. March to Middleridge Park for the pet contest with prizes judged by our esteemed panel of guests:

MCA President Mary Gonzales
Former MCA president John Bayer
FCE President Travis Brown

There will be ice pops, pup cups, and fun for all!

Thank you to our generous prize donors:

Bark Box
www.barkbox.com

Weber's Pet Supstore
11135 Lee Hwy,
Fairfax, VA 22030
weberspetsupermarket.com/



Contest Categories include:

- MR./MS. CONGENIALITY
- MOST WELL BEHAVED
- BEST DRESSED
- OLDEST PET
- YOUNGEST PET
- BEST TRICK
- JUDGES' CHOICE

Middleridge Park Cleanup

Support your community and your local wildlife.



Join your neighbors to help cleanup our local parks. Bags will be provided and collected by Fairfax County Park Authority. Other cleaning supplies may be available, including gloves and collection sticks, in limited number.



Please RSVP using Signup Genius link so we can gather enough supplies for all volunteers.

Feel free to reach out with any questions or concerns.

Kati Engel
editor@middleridgeffx.org

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ANNOUNCEMENTS & NOTES

2026 MCA Scholarship Application

This year the Middleridge Civic Association (MCA) will award up to two one-year, non-renewable scholarships to graduating high school seniors whose parent(s) or legal guardian(s) are members in good standing of the MCA as of March 1, 2026.

REMINDER! This application must be completed by the student applying for the scholarship. Applications must be submitted by Sunday, April 12, 2026.

Click on the QR code to open your application TODAY!



Please direct any questions regarding the application process to:

middleridge.scholarship@gmail.com

Scholarships are awarded on the basis of academic achievement and extracurricular activities, in addition to a personal interview for finalist.

The scholarship committee will review all applications and select finalists for personal interviews. The personal interview will be conducted by the scholarship committee. All interviews are planned to be completed by Friday, May 1, 2026.



Block Captains Needed

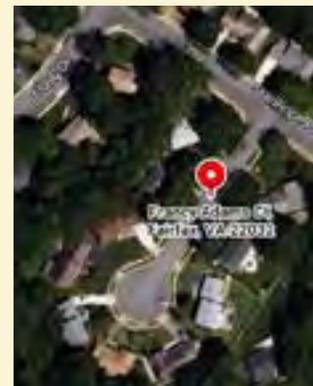
Who's ready for spring walking?

MCA needs a volunteer to be block captain for the Francy Adams Ct and another volunteer for Landmark Pl.

Call or email Maureen Campbell at 703-323-8817 / Campbellsvm@juno.com to claim your spot!

Block Captains, You are an important link! Please contact **Smitha and Cathy** when new people move into your area.

New Neighbors, If you have recently moved in (or back) to Middleridge and have not been officially welcomed, please contact our welcoming committee, **Smitha and Cathy** at welcoming@middleridgeffx.org.



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2026 Feed the First Responders



The Middleridge Civic Association (MCA) kicked off the 2026 Feed the First Responders events on Friday, March 20th, in support of the West Springfield District Police. Middleridge residents provided a fantastic spread of food and drinks to accompany the caterer, Milano's Family Restaurant, in serving more than 30 officers.

Many thanks to all who donated food, drinks, time, or money: Nancy Boriack, Peter, Timothy, & Samantha Burley, Vernon Campbell, Andrea Casey, Herb & Sheila Champion, Jamie Clark, Nicole Frazier, Richard Fulton, Jessica Heintz, Matthew Horwatt, Donna Hosek, Karrie Kay, Sarah Mayhew, Mark &

Pam Miller, Bambi Munoz, Eileen Piwovar, Camille Pryor, Sherry Slawski, David & Maryn Simon, and Smitha Vasudevan.

Your donations made this event possible. The Burley and Champion families represented the MCA in thanking the Police for their service to Middleridge and our surrounding Fairfax communities. The bounty of provided food also fed the midnight shift. Thank you, Middleridge, for your support of our First Responders!

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<https://forms.gle/rC78ktBtRTaMBg3i7>



2026-2027 School Year

Our Programs

- 2.5-3 yr olds
- 3-4 yr olds
- 4-5 yr olds (Pre-K)
- Friday STEAM Quest
- Extended Day M-F

Registration opens Feb 9th

Book a tour with us today!
4910 Ox Rd, Fairfax VA 22032

ADVERTISING RATES

	Non-member	MCA Member *
Full Page	\$130	\$90
1/2 Page	\$72	\$46
1/4 Page	\$46	\$33
1/8 Page	\$33	\$20

*2026 MCA Membership paid

Note: The Jan/Feb, and July/Aug newsletters will be combined; so, a full year = rate x 10.

Pay via PayPal or make checks payable to:
Middleridge Civic Association
P.O. Box 208
Fairfax Station, VA 22039

Deadline: Content is due by the 20th of the month.

Format: For advertisement formatting and size requirements, email a request for the current specifications.

Questions? Editor@middleridgeffx.org

MIDDLE RIDGE CIVIC ASSOCIATION

EXECUTIVE BOARD

President	Mary Gonzales	president@middleridgeffx.org
Vice President	Shefali Ryan	vicepresident@middleridgeffx.org
Secretary	Marie Morris	secretary@middleridgeffx.org
Treasurer	Niamh Minus	treasurer@middleridgeffx.org

CONTACTS

Webmaster	Joe Landry	webmaster@middleridgeffx.org
Newsletter Editor	Kati Engel	editor@middleridgeffx.org
Membership	Jessica & Gregg Summer	membership@middleridgeffx.org
Welcoming Chair	Smitha Vasudevan and Cathy Rabbit	welcoming@middleridgeffx.org
Facebook	Ashley Campana	editor_FB@middleridgeffx.org
MCA Caring Community	Maryn Simon	mcc@middleridgeffx.org

OTHER

POCS

Neighborhood Watch – Brahma Koodallur
Newsletter Distribution – Maureen Campbell

WHERE TO FIND US

MAILING ADDRESS

P.O. Box 208
Fairfax Station, VA 22039



MOBILE APP
(FOR MEMBERS)



Visit us on the web:

<https://middleridgeffx.org/>



[Facebook.com/middleridgecivicassociation/](https://www.facebook.com/middleridgecivicassociation/)



nextdoor.com/invite/ysenpwqmjmzcjtuwyfh